

WEEK 3

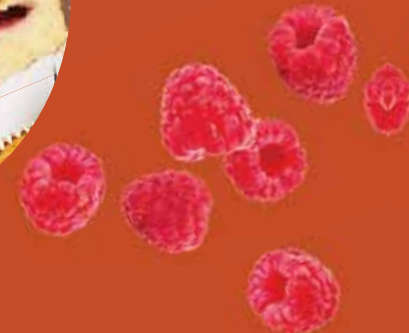
W/C: 14/11 05/12 09/01 30/01 27/02 20/03

THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

MONDAY

Pesto Pasta Bake
Served with Two Vegetables

Vegetable Chilli
Served with Wholegrain Rice

Packed Lunch
See below for details
Jacket Potatoes
with a choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Fruity Flapjack Bar

TUESDAY

Chinese Chicken Noodles
Served with Two Vegetables

Vegetable Korma
Served with Wholemeal Rice

Packed Lunch
See below for details
Jacket Potatoes
with a choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Ice Cream

WEDNESDAY

Roast Pork
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pastry Roll
Served with Roast Potatoes, Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes
with a choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Jelly with Fruit Slices

THURSDAY

Beef Bolognese
Served with Wholemeal Pasta and Two Vegetables

Vegetarian Cottage Pie
Served with Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes
with a choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Shortbread

FRIDAY

Fish Fingers
Served with Chips

Tomato Veggie Burger
Served with Chips

Packed Lunch
See below for details
Jacket Potatoes
with a choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Crispy Crackle Bar

PACKED LUNCH - AVAILABLE DAILY

HAM, CHEESE OR TUNA MAYO BAGUETTE
WITH SALAD AND FRESH FRUIT / DESSERT OF THE DAY

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

WEEK 1

W/C: 31/10 21/11 12/12 16/01 06/02 06/03 27/03

WEEK 2

W/C: 07/11 28/11 02/01 23/01 20/02 13/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

HOT SPECIALS...

DAILY FAVES...


PICK A PUD!

MONDAY

Macaroni Cheese 
Served with Two Vegetables

Vegetarian Sausage 

Served with Mashed Potato and Gravy




Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Vanilla Ice Cream

MONDAY

Cheese and Tomato Pizza  
Served with Potato Wedges and Two Vegetables

Chinese Vegetarian Noodles  
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Crispy Bar

TUESDAY

Chicken Pie
Served with Potato Wedges, Two Vegetables and Gravy

Cheese and Tomato Pizza  
Served with Potato Wedges and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings, including Salmon Mayonnaise 
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jelly with Fruit Slices 

TUESDAY

Pork Sausages
Served with Mashed Potato, Two Vegetables and Gravy

Veggie Sausage
Served with Mashed Potato & Gravy

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Orange Shortbread with Fruit Slices 

WEDNESDAY

Roast Turkey
Served with Roast Potatoes, Two Vegetables and Gravy

Vegan Sausage Casserole  
Served with Two Vegetables


Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Oat Cookie served with Fruit Slices 

WEDNESDAY

Roast Gammon
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pie 
Served with Mashed Potato, Two Vegetables and Gravy


Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Ice Cream

THURSDAY

Beef Bolognese  
Served with Garlic and Herb Bread Wedge

Vegetarian Bolognese   
Served with Wholemeal Pasta and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Apple Crumble served with Custard   

THURSDAY

Chicken Curry  
Served with Wholemeal Rice

Vegetable Lasagne 
Served with Garlic and Herb Bread Wedge

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Apple and Berry Crumble served with Custard   

FRIDAY

Fish Fingers
Served with Chips

Quorn Dippers 
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Shortbread

FRIDAY

Fish Fingers
Served with Chips

Quorn Dippers 
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Frozen Yoghurt with Fresh Fruit 

PACKED LUNCH - AVAILABLE DAILY

HAM, CHEESE OR TUNA MAYO BAGUETTE
WITH SALAD AND FRESH FRUIT / DESSERT OF THE DAY

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available