

ALLERGY AWARE VEGETARIAN

SPRING/SUMMER 2024



This menu contains **MILK, MUSTARD, SOYA & SULPHITES**

If a pupil has a food allergy or intolerance to **MILK, MUSTARD, SOYA OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with ‘SD’ in front of the recipe.
If ‘SD’ is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard recipes only. If selector recipes have been used, please refer to the allergy aware selector menu to align to school’s menu.



STOP AND THINK!
Have you completed the double-checking confirmation sheet?

ALLERGY AWARE VEG WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Half a Jacket Potato VMC 6359	SD Incredible Burger 93170473 with Potato Wedges 93156646	SD Cheesy Picnic Plate CONTAINS MUSTARD 93238793 with Roast Potatoes 93035127	Bean and Vegetable Chilli 93132739 with Wholegrain Rice 93035026	SD Vegan Sausage 93200114 with Chips 93040525
Jacket Potato	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese CONTAINS MILK 93179967				
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR				
Dessert	SD Crispy Crackle Bar CONTAINS GF OATS & BARLEY MALT EXTRACT 93174985 with Fruit Slices 93040542	Raspberry Jelly 93290177	SD Orange and Sultana Crispie CONTAINS GF BARLEY MALT EXTRACT 93177935	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798	SD Flapjack CONTAINS GF OATS 93165520
Alternative Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR

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ALLERGY AWARE VEG WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Bean Burrito 93281952	SD Vegan Sausage 93200114 with Roast Potatoes 93035127 and Gravy 93034775	SD Macaroni Cheese CONTAINS SOYA AND GF OATS 93180465	SD Incredible Burger 93170473 with Chips 93040525
Jacket Potato	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese CONTAINS MILK 93179967				
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR				
Dessert	SD Crunchy Chocolate Biscuit CONTAINS GF OATS 93219823	SD Orange and Sultana Crispie CONTAINS GF BARLEY MALT EXTRACT 93177935	Orange Jelly 93290176	SD Crunchy Chocolate Biscuit CONTAINS GF OATS 93219823 with Fruit Slices 93040542	SD Orange Drizzle CONTAINS SULPHITES 93197074
Alternative Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR

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ALLERGY AWARE VEG WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish	SD Vegan Cheese and Tomato Pizza 93174975 with Potato Wedges 93156646	SD Vegan Sausage 93200114 with SD Mashed Potato CONTAINS GF OATS 93194973 and Beans 93036011	SD Cheesy Picnic Plate CONTAINS MUSTARD 93238793 with Roast Potatoes 93035127	Meatless Balls in Tomato Sauce 93283682 With Rainbow Rice 93276731	SD Vegan Sausage 93200114 with Chips 93040525
Jacket Potato	Jacket Potato with Baked Beans 93278120 Jacket Potato with Cheese CONTAINS MILK 93179967				
Pasta	SD Tomato Pasta CONTAINS SOYA 93171286				
Veg	Two Vegetables Served Daily NO STANDARD COLESLAW, MIXED SALAD OR SALAD BAR				
Dessert	SD Chocolate Brownie CONTAINS SULPHITES 93196787	Strawberry Jelly 93290175	SD Banana Muffin 93196788	SD Cookie CONTAINS GF OATS 93290178	SD Mango and Orange or SD Strawberry Smoothie 93166797/ 93166798
Alternative Dessert	Fresh Fruit 93232823 with SD Coconut Yoghurt 93200113				

ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT, STANDARD COLESLAW OR SALAD BAR

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